

Yogacharya O'Brian Lighting the Altar Lights



Aum

Asato Ma Sad Gamaya

Tamaso Ma Jyotir Gamaya

Mrityor-Ma-Amritam Gamaya

Aum, Shanti Shanti Shanti

Oh, Lord, lead us from the unreal to the Real.
Lead us from the darkness of ignorance to the
Light of Truth. Lead us from falsely identifying
with the mortal body and mind to the
realization of our immortal divine nature.