

# *Prayers for Purification, Healing & Harmony*

## Online Celebration of Guru Purnima

### Ceremony Preparation Instructions

Welcome to CSE's Global Guru Purnima celebration. We're delighted to be able to offer this program online, and welcome participants from around the world.

We've arranged the program so that you can be an active participant in the prayers and rituals. In order to do so, please prepare your sacred space and gather the below supplies. *If you don't have a fruit or flower available, you can use something to symbolically represent these items.*

Print out the Guru Purnima booklet or have it open on a device other than the one you are using for Zoom, so you can refer to it during the ceremony. You will be guided on how to participate along the way.

*Set-up a small clean table where you can place offerings during the ceremony.*

*Prepare a comfortable place to sit where you can see your monitor or device.*

#### **Gather these Supplies:**

- Flower
- Fruit
- Bell
- Small jar or glass of water that you can easily pour from (*about 1/2 cup*)
- Small empty bowl or cup for water to be poured into for offerings
- Candle & Matches (or electric candle)
- Incense & Holder: 4 Sticks (if you would like)
- Paper & Pencil (this is important)
- Lineage Altar or Photo of your Spiritual Teacher
- Flower Petals