

INTRO TO SAMKHYA PHILOSOPHY

Course Reference List

(A partial list of reference materials)

Samkhya Karika of Isvara Krsna

by Swami Virupakshananda

Seven Systems of Indian Philosophy

by Pandit Rajmani Tigunait

The Yoga Sutra: An Essential Guide to the Heart of Yoga

by Nicolai Bachman

The Jewel of Abundance: Finding Prosperity through the Ancient Wisdom of Yoga

by Ellen Grace O'Brian

Living the Eternal Way: Spiritual Meaning and Practice for Daily Life

by Ellen Grace O'Brian

The Moon Reminded Me

by Ellen Grace O'Brian

The Mahabarata: An Inquiry in the Human Condition

by Chaturvedi Badrinath

Seven Lessons in Conscious Living: A Progressive Program of Higher Learning and Spiritual Practice in the Kriya Yoga Tradition

by Roy Eugene Davis

The Science of Self-Realization: A Guide to Spiritual Practice in the Kriya Yoga Tradition -Patanjali's Yoga Sutras-

by Roy Eugene Davis

The Yoga Sutras of Patanjali

by Baba Hari Dass

The Holy Science

by Swami Sri Yukteswar

The Yoga Sutras of Patanjali

by Swami Satchidananda

Essence of the Upanishads: A Key to Indian Spirituality

by Eknath Easwaren

Living Landscapes: Meditations on the Five Elements in Hindu, Buddhist, and Jain Yogas

by Christopher Key Chapple