



Center for Spiritual Enlightenment

Kriya Yoga Meditation Retreat

**with Yogacharya Ellen Grace O'Brian
and CSE Kriya Yoga Teachers**

*Immerse yourself in spiritual practices that
illumine the mind, balance the body, support
well-being, and offer the life-enhancing keys
to Self- and God-realization.*



**In-person & Online
June 20-23, 2024**

1146 University Avenue / San Jose, CA



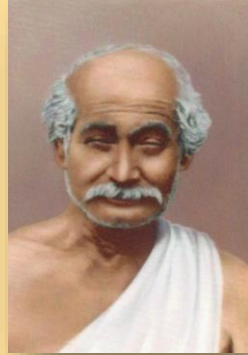
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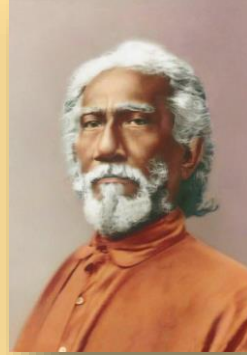
Prayer for Realizing Truth



Mahavatar Babji



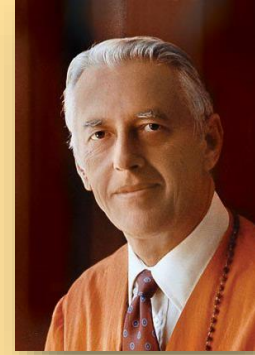
Lahiri Mahasaya



Swami Sri Yukteswar



Paramahansa Yogananda



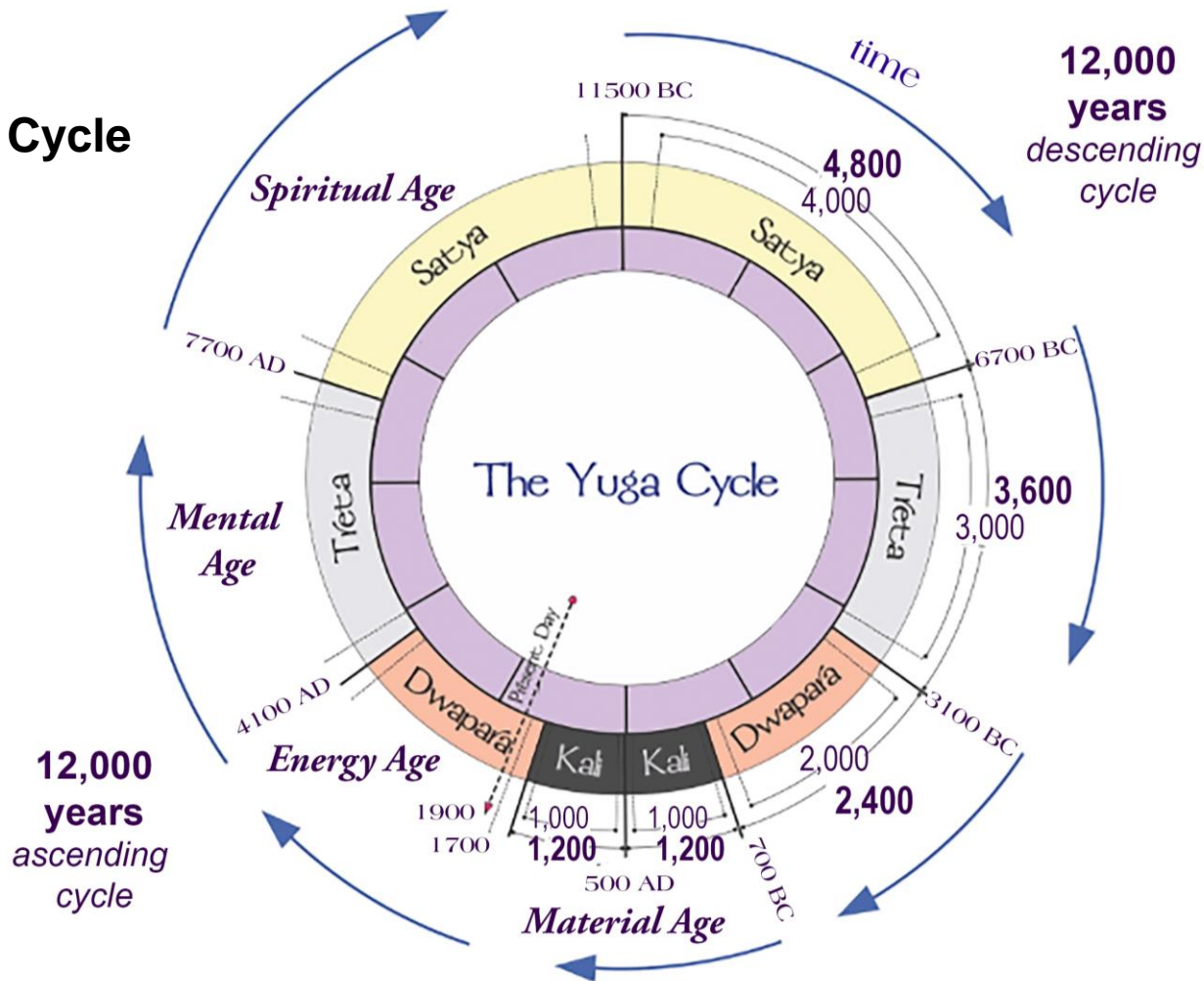
Roy Eugene Davis

Aum
Asato Ma Sad Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor-Ma-Amritam-Gamaya
Aum, Shanti Shanti Shanti

Oh, Lord, lead us from the unreal to the Real.
Lead us from the darkness of ignorance to the
Light of Truth. Lead us from falsely identifying
with the mortal body and mind to the
realization of our immortal divine nature.

Yugas

24,000 Year Cycle





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