

**Center for Spiritual Enlightenment**  
*2024 Kriya Yoga Leader Retreat*

**What I Will Do to Make a Difference:**  
*My Simple and Profound Commitment*

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

What simple and profound act do I commit to?

What do I hope will come from this act?

What must I become to be a conduit for that?

Who will I engage?

What is my first step?

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