

MANTRA PRACTICE FOR ATTUNEMENT



Center for Spiritual Enlightenment

OM NAMO BHAGAVATE VASUDEVAYA

*Unto the Lord, Bhagavan Vasudeva
in whom dwells the entire universe;
from whom it is not different,
who is an effulgent being,
namah, my salutation.*

—SWAMI DAYANANDA SARASWATI

BHAGAVAN

Lord; God; venerable; the fortunate; the powerful, the Blessed One;

A name for God. One who is glorious, illustrious, divine, venerable, holy;

May indicate the universal God or any deity to whom prayers are offered;

Or, specific deity in many traditions: Krishna, Vishnu, Shiva, Durga, Buddha;

ENDOWED WITH BHAGA

Bhagavan, the One who is endowed with six absolute divine qualities

- **Aishvarya:** dominion, power, lordship, majesty
- **Shri:** glorious, abundantly wealthy
- **Jnanam:** wisdom
- **Vairagyam:** renunciation, dispassion
- **Yashas:** fame, glory, honor
- **Viryam:** vitality, vigour, strength



VASUDEVAYA

Vasu “indwelling”; deva “luminous one”;

God dwelling within all;

The highest Self possessing all six divine attributes;

Vasudeva becomes Vasudevaya to indicate “unto”



ALL ENCOMPASSING PRAYER AND PRACTICE

- **Kriya practice mantra**
- **Mukti or liberation mantra**
- **Bhakti or devotional mantra**
- **Attunement mantra**



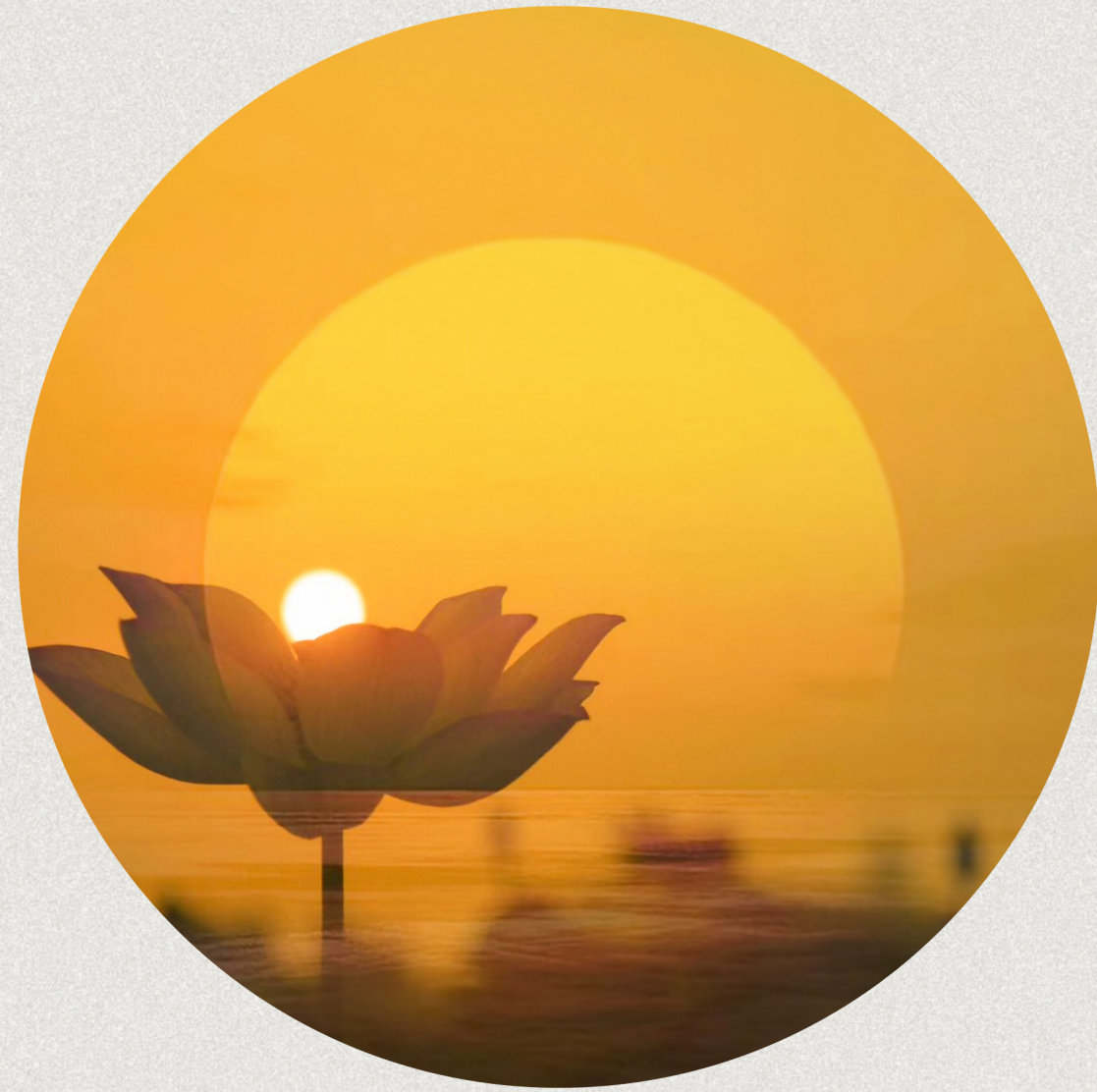
OM NAMO!

**We offer our heart, mind, prana, and intentional practice
to Bhagavan who is Vasudeva.**

**Bhagavate: “to Bhagavan”, the one who receives our
namah (namaste)**

DVA-DASHA-AKSHARI

12 syllables



Om

Te

Na

Vā

Mo

Su

Bha

De

Ga

Vā

Va

Ya

JAPA

OM NAMO
BHAGAVATE VASUDEVAYA

ॐ नमो भगवते वासुदेवाय

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