

Krishna, the Divine Presence, speaking to Arjuna, the soul yearning for true happiness, advises:

**“I am always with all beings;  
I abandoned no one.  
And however great your inner darkness,  
You are never separate from me.**



**Let your thoughts flow past you, calmly;  
Keep me near, at every moment;  
Trust me with your life, because I  
Am you, more than you yourself are.”**

—Bhagavad Gita, Chapter IX (Verses 13-34) and X (Verse 20), *The Enlightened Heart*, Edited and Translated by Stephen Mitchell, pp. 203 and 204.