

SHIVA TEMPLE MANTRAS
Center for Spiritual Enlightenment

Om Namah Shivaya (x3)

*I honor Ultimate Reality as I offer salutations to Lord Shiva.
I remember the good and auspicious nature of God.*

**Om Bhur Bhuvah Svah
Tat Savitur Varenyam
Bhargo Devasya Dhimahi
Dhiyo Yo Nah Prachodayat**

*Om, the eternal, the earth, atmosphere, and the heavens.
We meditate on the sacred light
of the radiant source of life.
Let it inspire our thoughts and intentions.*

**Om Asato Ma Sad Gamaya
Tamaso Ma Jyotir Gamaya
Mrtyor Ma Amrtam Gamaya**

*Oh Lord, lead us from the unreal to the Real.
Lead us from the darkness of ignorance
to the light of Truth. Lead us from the error of
identifying with the mortal body and mind
to the realization of our divine immortal Self.*

**Om Guru Brahma Guru Vishnu
Guru Devo Maheshvarah
Guru Sakshat Param Brahma
Tasmai Sri Gurave Namaha**

*Om! Guru is the creator of all,
Guru is support and sustainer of all,
Guru is the transforming power of all,
Guru is both immanent and transcendent.
To That Supreme Reality, the remover of
Darkness and ignorance, I offer this prayer,
Bowing before the One in all.*

Om Tatpuroshaya Vidmahe Mahadevaya Deemahi Tanno Rudrah Prachodayat

*We meditate upon Supreme Consciousness (Purusha) and concentrate on Mahadeva (Lord Shiva). May our
meditation upon the Auspicious Lord purify our minds with radiance and clarity. May our thoughts be
inspired, brilliant, and effulgent.*

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Om Maharaudraya Namah

I offer my salutations to Rudra (Lord Shiva's Vedic name); who drives away all errors and pain and destroys the cause of sorrow.

Om Paam Parvatyai Namah

I offer my salutations to Divine Mother—the Goddess Parvati, consort of Lord Shiva.

Om Tatpurushaya Vidmahe Nandikeshwaraya Dhimahi Tanno Vrishabharu Prachodayat

We meditate upon Supreme Consciousness (Purusha) and contemplate divine aspects of Nandi (strength, devotion, and steadfastness). May the one who rides the sacred bull inspire and guide us toward enlightenment.

**Om Trayambakam Yajamahe
Sugandhim Pushtivardhanam
Urvarukamiva Bandhanan
Mrityor Mukshiya Maamritat**

*We Meditate on the Three-Eyed One (Lord Shiva)
Who permeates and nourishes all like a fragrance.
May He liberate us from the bondage of worldly attachments and death,
Granting us the nectar of immortality.*

**Om Sarvesam Svastir Bhavatu
Sarvesam Shantir Bhavatu
Sarvesam Purnam Bhavatu
Sarvesam Mangalam Bhavatu**

*May all experience complete well-being
May everyone know peace and contentment
May all realize fullness
May all experience the auspicious life.*

**Om Lokah Samastah Sukhino Bhavantu
Lokah Samastah Sukhino Bhavantu**

**May all of the beings in all the worlds be happy.
Om, Shanti, Shanti, Shanti**