The Alchemy of Discipleship

KRIYA YOGA RETREAT FOR DISCIPLES

with Yogacharya O'Brian & CSE Teachers

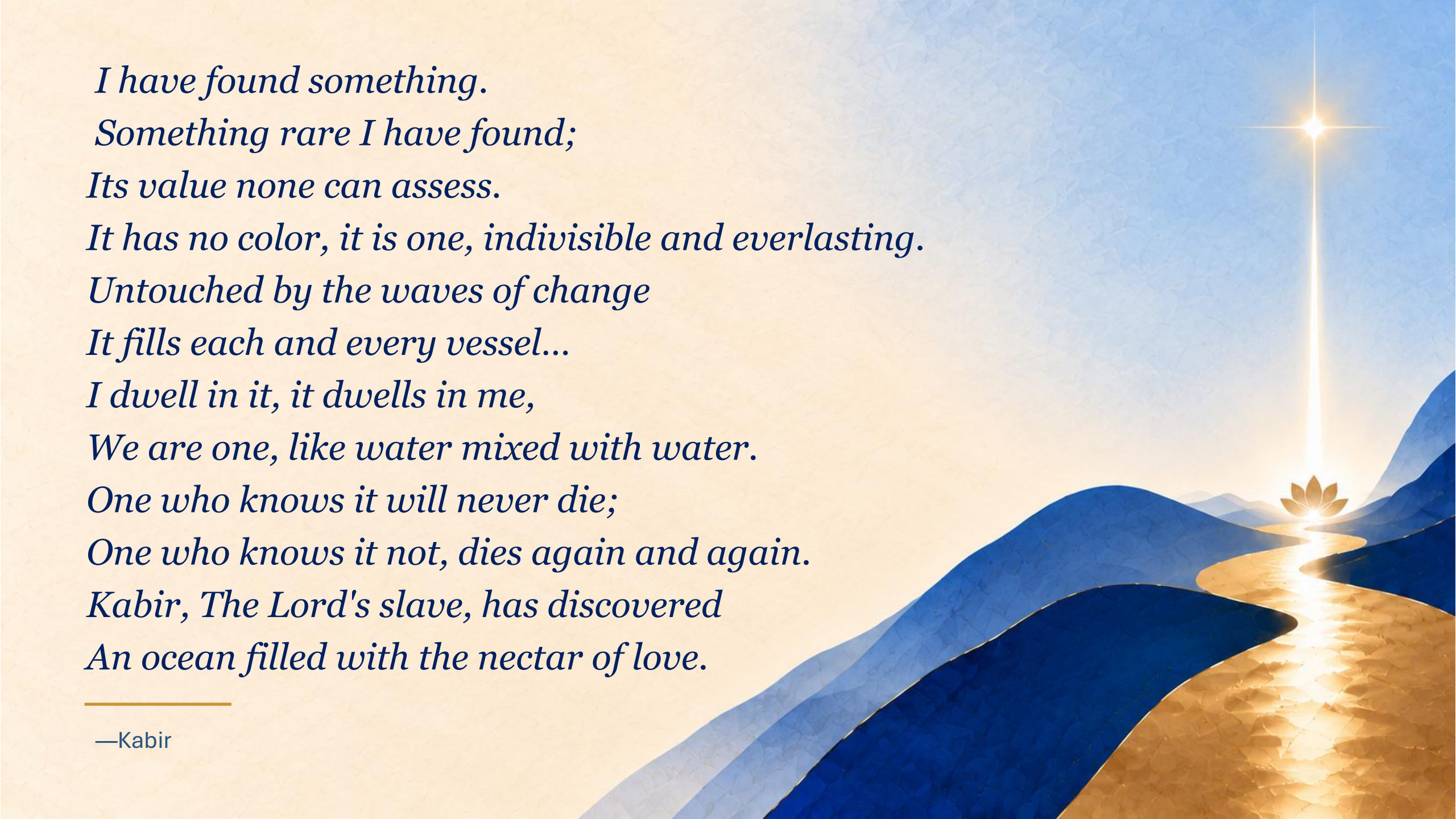


October 15–17, 2026

CENTER FOR SPIRITUAL ENLIGHTENMENT

I have found something.
Something rare I have found;
Its value none can assess.
It has no color, it is one, indivisible and everlasting.
Untouched by the waves of change
It fills each and every vessel…
I dwell in it, it dwells in me,
We are one, like water mixed with water.
One who knows it will never die;
One who knows it not, dies again and again.
Kabir, The Lord's slave, has discovered
An ocean filled with the nectar of love.

—Kabir





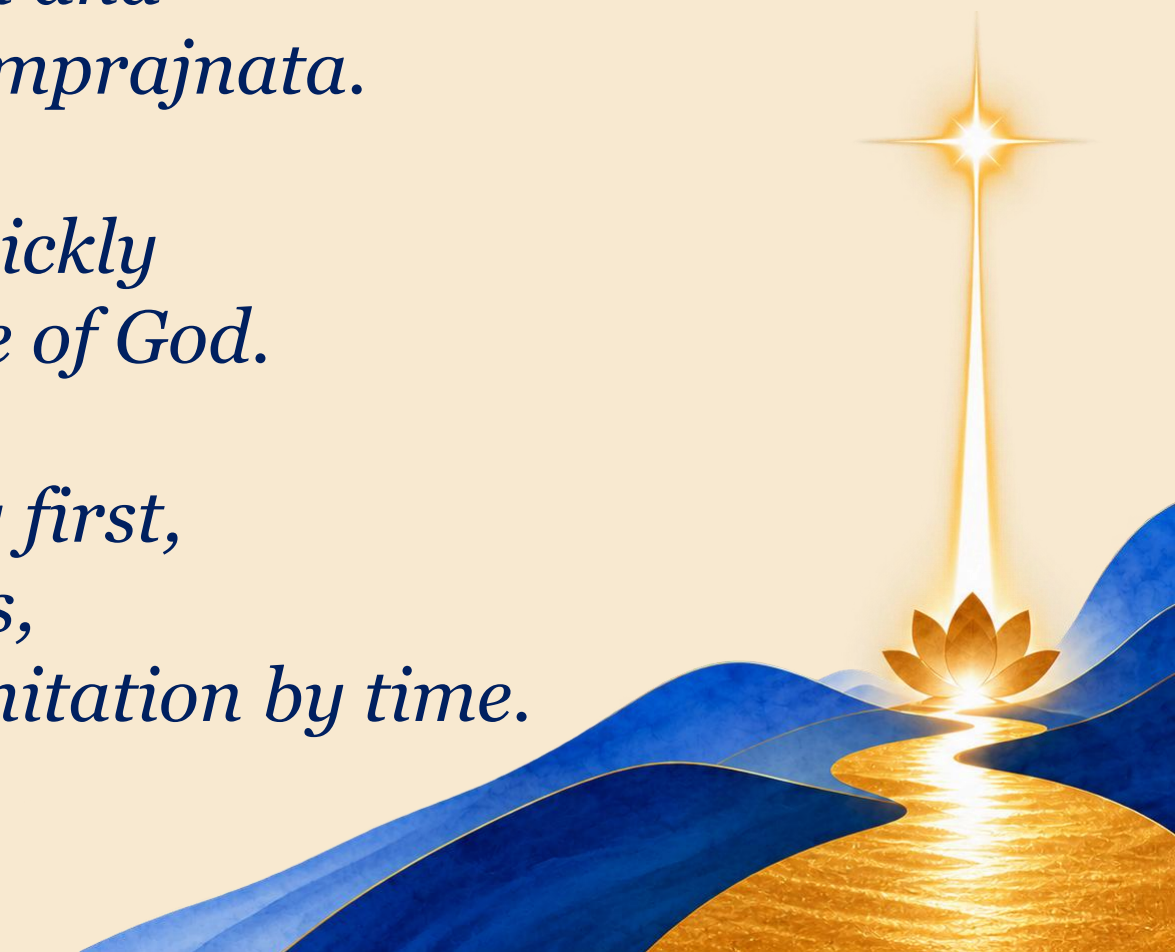
KRIYA YOGA MEDITATION ON OM

- self-discipline
- self-study
- self-surrender

1.20 *[For others] samadhi has as its preconditions faith, strength, intentness, meditation and the awakening of wisdom in samprajnata.*

1.23 *Or, samadhi can be attained quickly through practicing the presence of God.*

1.26 *God is the guru even of the very first, the ancient and former teachers, because in God there is no delimitation by time.*



Practicing the Presence

1.27 *The word OM is God's significator (name).*

1.28 *The japa of that name, and cultivating and absorbing its meaning (is called Ishvara-pranidhana, the practice of the presence of God).*



Attach yourself to the Lord's name;
Wake up, be aware of your true self.
Says Kabir: only they gain liberation
Who remain absorbed in the Lord's love.

— Kabir, trans. V.K. Sethi



The Lord of Love

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